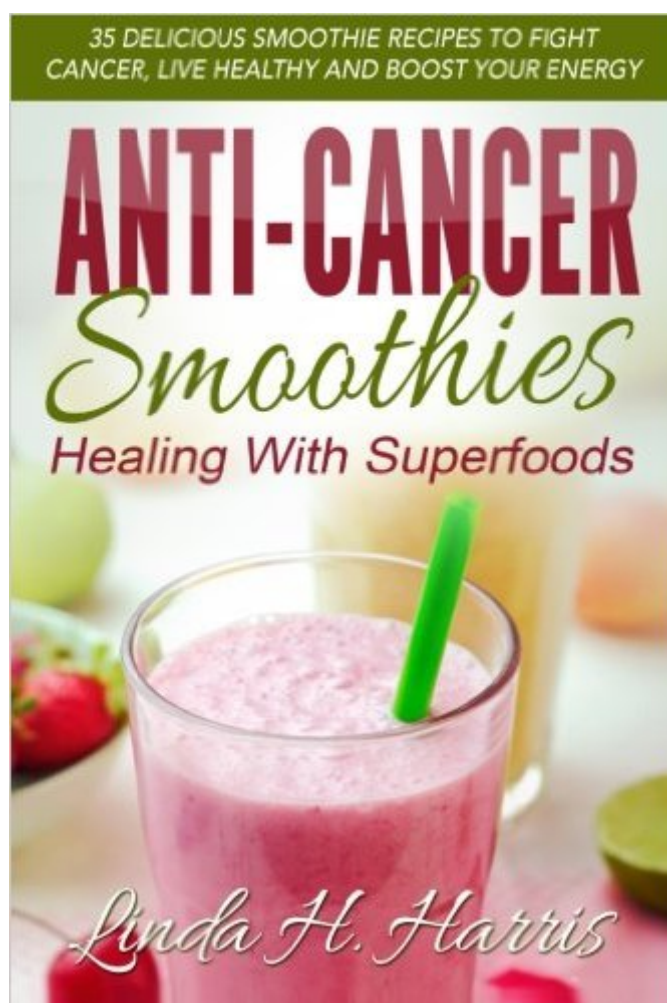


The book was found

Anti-Cancer Smoothies: Healing With Superfoods: 35 Delicious Smoothie Recipes To Fight Cancer, Live Healthy And Boost Your Energy



Synopsis

Anti-Cancer Diet, Cancer Fighting Foods, and Cancer Nutrition Whether you have cancer or you're at risk of cancer because of your family history - the way you eat can have a major impact on your health and your ability to fight or manage your disease. Cancer is notorious for sapping the strength and nutrition out of a person's body. You'll need to replace a lot of the vitamins, nutrients and minerals that certain drugs and treatments deplete. The Anti-Cancer Smoothies in this book are made of healthy and tasty vegetables, fruits, spices and herbs that are known to fight cancer. These superfoods provide antioxidants, minerals, vitamins and fiber that will boost your immune system, detox your body and help you beat cancer. Tasty and healthy ingredients are not all these smoothies bring to the table. There's also the convenience that's provided by a meal that simply gets prepared in a blender. If you don't have the energy to cook - you don't have to. If you're not feeling up to a meal at dinnertime but you're hungry before bed - make a smoothie. If you need something quick to grab for breakfast that you can take with your pills - a smoothie can be prepared the night before and left to chill in the fridge. Whether you're fighting off cancer or working hard to prevent it, you need to allow yourself as much rest and peace as possible. Anti-Cancer Smoothies can help. Order Your Copy Right Now!

Book Information

Paperback: 48 pages

Publisher: CreateSpace Independent Publishing Platform (July 28, 2015)

Language: English

ISBN-10: 1515252159

ISBN-13: 978-1515252153

Product Dimensions: 6 x 0.1 x 9 inches

Shipping Weight: 4.3 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â Â See all reviews Â (10 customer reviews)

Best Sellers Rank: #21,731 in Books (See Top 100 in Books) #8 in Â Books > Cookbooks, Food & Wine > Special Diet > Cancer #24 in Â Books > Cookbooks, Food & Wine > Beverages & Wine > Juices & Smoothies

Customer Reviews

This book is filled with tons of amazing smoothie recipes. I know there's a lot of controversy about foods that can prevent cancer but I wouldn't be surprised if diet had at least a little bit to do with it. Whether they will prevent cancer or not I still love the taste of a good healthy smoothie! There are

some great combinations I never thought of doing in here. Try it out!

This book really helped me get started with my smoothie habit. Easy to read, products called for are accessible in stores, and you can start mixing and matching your own ingredients.

Great collection of tasty smoothies for vibrant health. I think it's a great recipe book for beginners as the recipes are easy to make and most of them call for fruits (nice taste).

The smoothies are simple to make. The information on each smoothie is priceless. Love the fruit and vegetable combinations. Winning the battle with smoothies. How much easier can it get.

Quick and easy to use and gives you ideas for making up your own smoothies.

[Download to continue reading...](#)

Anti-Cancer Smoothies: Healing With Superfoods: 35 Delicious Smoothie Recipes to Fight Cancer, Live Healthy and Boost Your Energy Smoothie Recipe Book: 150 Smoothie Recipes Including Smoothies for Weight Loss and Smoothies for Optimum Health Smoothies For Kids: 80+ Recipes, Whole Foods Diet, Heart Healthy Diet, Natural Foods, Blender Recipes, Detox Cleanse Juice, Smoothies for Weight ... loss - detox smoothie recipes) (Volume 40) Smoothies for Diabetics: 85+ Recipes of Blender Recipes: Diabetic & Sugar-Free Cooking, Heart Healthy Cooking, Detox Cleanse Diet, Smoothies for ... loss-detox smoothie recipes) (Volume 54) The Smoothie Maker Recipe Book: Delicious Superfood Smoothies for Weight Loss, Good Health and Energy - Works with Any Personal Blender or Smoothie Maker SuperFoods Audio Collection CD: Featuring Superfoods Rx and Superfoods Healthstyle Anti-Inflammatory Diet Box Set: Anti-Inflammatory Diet Recipes Breakfast, Lunch, Dinner And Smoothie Recipes Superfood Juices & Smoothies: 100 Delicious and Mega-Nutritious Recipes from the World's Most Powerful Superfoods Nutri Ninja Master Prep Blender Smoothie Book: 101 Superfood Smoothie Recipes For Better Health, Energy and Weight Loss! (Ninja Master Prep, Nutri ... Ninja Kitchen System Cookbooks) (Volume 1) Spiralizer Recipe Book: Spiralizer Recipes for Weight Loss, Anti-Aging, Anti-Inflammatory & So Much More! (Recipes for a Healthy Life) (Volume 2) The Healthy Smoothie Bible: Lose Weight, Detoxify, Fight Disease, and Live Long Crystal Healing: How crystal healing works, crystal therapy, the human energy field, gemstones, and how to use crystals for healing and increased energy! Peruvian Power Foods: 18 Superfoods, 101 Recipes, and Anti-aging Secrets from the to the Andes The 21-Day Healthy Smoothie Plan: Invigorating Smoothies & Daily Support for Wellness & Weight

Loss Green Kitchen Smoothies: Healthy and Colorful Smoothies for Every Day Green Smoothie
Recipe Bible: 80+ Green Smoothie Recipes for Weight Loss and Wellbeing for your Bullet Style
Blender Green Smoothies: 40 Best Green Smoothie Recipes to Lose Weight and Detox Your Body
Weight Watchers Smoothies: 77 Weight Watchers Low Calorie Smoothie Recipes: (Weight
Watchers Simple Start ,Weight Watchers for Beginners, Simple Start ... Simple Diet Plan With No
Calorie Counting) Nutribullet Recipe Book: Smoothie Recipes for Weight-Loss, Detox, Anti-Aging &
So Much More! 500 Smoothies & Juices: The Only Smoothie & Juice Compendium You'll Ever
Need (500 Cooking (Sellers))

[Dmca](#)